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Practical Psychology for Diabetes Clinicians: How to Deal With The Key Behavioral Issues Faced by Patients and Health-Care Teams (Practical Approaches in Diabetes Care) Anderson, Barbara J., Ph.D. and Rubin, Richard R. ISBN 10: 0945448732 ISBN 13: 9780945448730. New. Quantity Available: 1.

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and lifestyles while taking into account multiple physiological and personal psychosocial factors amazonin buy practical psychology for diabetes clinicians clinical psychologists are an appropriate resource to the diabetes treatment team for the diagnosis assessment and treatment of mental health problems of patients with diabetes

Practical Psychology For Diabetes Clinicians

People with diabetes experience disproportionately high rates of mental health problems such as depression, anxiety and eating disorders. All people with diabetes should have access to psychological treatment and support to reduce psychological distress and improve self-management.

Diabetes and psychological care | Diabetes UK

It is a must have resource for every healthcare provider who is in direct contact with diabetic patients. It addressed the need to consider the psychological aspect of of diabetes care in a simple yet sufficient way. I think it is a good resource to answer the following question.....why our patients are not responding to our plans?

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Clinical psychologists are an appropriate resource to the diabetes treatment team for the diagnosis, assessment, and treatment of mental health problems of patients with diabetes. Psychologists with expertise in reinforcement strategies, learning principles, and behavior modification are highly desirable given the usefulness of these skills for developing health behaviors.

The Psychologist in Diabetes Care

INTRODUCTION : #1 Practical Psychology For Diabetes Clinicians Publish By Rex Stout, Practical Psychology For Diabetes Clinicians Amazonde practical psychology for diabetes clinicians barbara j anderson richard r rubin anderson isbn 9781580401401 kostenloser versand fur alle bucher mit versand und verkauf duch amazon

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I am really pleased to have my first paper published from my PhD research, a systematic review in an international journal, Diabetes Research and Clinical Practice. I am supervised by Dr Rachel Povey, Professor Christopher Gidlow and Dr Naomi Ellis who are also co-authors of this paper.. I am one of several PhD students based in the Staffordshire Centre for Psychological Research at ...

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Improve the outcomes of your diabetes treatment with the resource that covers hard-to-find topics such as empowerment, female eating disorders, and minority patients. Leading behavioral scientists have taken their findings on the latest behavioral information for diabetes management and translated them into practical guidelines. Six years worth of information packed into one book that covers: Understanding and Treating Professional Burnout Eating and Diabetes: A Patient-Centered Approach Smoking Cessation in Diabetes Working with Children Who Have Type 1 Diabetes Involving Family Members in Diabetes Treatment Recognizing and Managing Depression in Patients with Diabetes

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Psychology and Diabetes Care: A Practical Guide is a concise handbook for the practicing diabetes clinician who is interested in gaining a better understanding of his patients, and in learning simple skills and tips to manage patients more effectively. It identifies and explores key psychological interventions in diabetes care in order to help healthcare professionals support their patients effectively. Edited by an expert on the psychology of diabetes, and with contributions from a group of specialists in diabetes psychology, this book contains a myriad of insights into how to understand and treat the type 1 or type 2 diabetes patient.

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Psychosocial issues have long been acknowledged to have a crucial role in the successful treatment of people with diabetes. An understanding of these issues can enable health care professionals to assist their patients effectively. The second edition of the acclaimed title Psychology in Diabetes Care gives background information and practical guidelines needed by healthcare professionals to address the cognitive, emotional and behavioural issues surrounding diabetes management. The book bridges the gap between psychological research on self-care and management of diabetes, and the delivery of care and services provided by the diabetes care team. Written jointly by psychologists active in diabetes research and practising clinicians, Psychology in Diabetes Care, Second Edition provides a practical evidence-based approach to intervention in diabetes care.

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Includes established theories and cutting-edge developments. Presents the work of an international group of experts. Presents the nature, origin, implications, an future course of major unresolved issues in the area.

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Practical Diabetes Care for Healthcare Professionals, Second Edition, helps healthcare professionals get up-to-speed on type 2 diabetes care. Type 2 diabetes is multifaceted, affecting a person's daily life, family and workplace. Beyond the usual health impact, diabetes may also carry significant psychological burdens. Successful care means whole [person] care which can be daunting for an individual healthcare provider. The complete assessment of people with diabetes must include a review of diabetes medications, blood glucose levels, nutritional intake, physical activity, and stress. Also important is a review of possible micro- and macrovascular complications. This practical guide translates research and evidence-based recommendations into everyday clinical practice, with the goal of helping all members of the healthcare team more effectively manage their diabetic patients. Provides detailed, real-life case scenarios that illustrate the principles outlined in each chapter Includes separate chapters for specific diabetes-related complications Devotes a new chapter to the concept of the Diabetes Health Care Team and its impact on diabetes care Expands on the importance of lifestyle approaches, including a key discussion on the emotional aspects of managing a long-term chronic disease Provides a comprehensive, yet succinct, review of diabetes that includes details on medication choice, dosages, advancements and technological accomplishments

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Psychosocial issues are now acknowledged to have a crucial role in the successful treatment of people with diabetes. An understanding of these issues can enable health care professionals to assist their patients effectively. Psychology in Diabetes Care gives the background information and practical guidelines needed by healthcare professionals to do this; to address the cognitive, emotional and behavioural issues surrounding diabetes management. This text: Provides a broad, evidence-based approach to behavioural intervention in diabetes care Includes contributions from both psychologists and clinicians active in diabetes research Deals with general principles and practical situations Psychology in Diabetes Care will prove invaluable to all health care professionals involved in diabetes management (physicians, nurse specialists, health psychologists, dieticians) as well as graduate-level psychology students and academics with an interest in diabetes.

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Psychosocial Care for People with Diabetes describes the major psychosocial issues which impact living with and self-management of diabetes and its related diseases, and provides treatment recommendations based on proven interventions and expert opinion. The book is comprehensive and provides the practitioner with guidelines to access and prescribe treatment for psychosocial problems commonly associated with living with diabetes.

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Provides practical guidance to psychologists and psychology students working or considering working in a primary care setting. The authors begin with an overview of clinical health psychology in primary care that includes a review of several models for integrating into a medical practice, a discussion of the differences between specialty health psychology services and primary care health psychology services, and a listing of skills necessary for success in the primary care setting. Chapter 2 is devoted to suggestions for establishing and maintaining a clinical health psychology practice in the primary care setting. The subsequent chapters are devoted to common health complaints and diseases seen in primary care, and the collaborative role a clinical health psychologist can play in managing these patients within the primary care setting. The chapters on diabetes, hypertension, cardiovascular disease, asthma, acute and chronic pain, insomnia, obesity, and gastrointestinal disorders begin with a description of the conditions and their common medical treatments to help psychologists work collaboratively and in an informed manner with physician colleagues. The book concludes with a discussion of future trends and opportunities in health psychology and integrated primary care. (PsycINFO Database Record (c) 2004 APA, all rights reserved).

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This book presents an up-to-date review of behavioral factors in diabetes management across the lifespan: an update on medical management, epidemiology, and prognosis, and utilize an ecological framework to address various aspects of diabetes management for children and adults on the individual, social, community and medical system, and policy levels. The individual level examines biobehavioral and neuroendocrine factors for their role in the etiology of diabetes, as well as various demographic factors involved in health disparities, and specific psychological issues including distress and quality of life, depression and anxiety, eating disorders, and intervention approaches. Zooming out, the social level addresses the role of social support and family influences as well as group and family interventions to promote more effective diabetes management. The community level addresses medical system factors including the patient-physician relationship and transition programs, as well as community and school-based prevention programs. Finally, chapters also address how the policy level impacts diabetes management considering the role of health care, insurance, and school and workplace policy. Topics featured in this book include: Neuroendocrine and biobehavioral influences on diabetes Eating disorders in individuals with diabetes Family influences and family therapies for children and adults with diabetes Depression and anxiety in children and adults with diabetes Behavioral Diabetes is a must-have resource for researchers, graduate students and fellows, as well as clinicians, therapists, and other practitioners involved in diabetes management across the lifespan. A secondary audience comprises individuals working in the community and policy levels, including but not limited to health care and medical systems administrators, as well as school and workplace policymakers. "This book is a comprehensive overview of the extremely important topic of behavioral diabetes. The issues encompassed in this book have evolved greatly over the last few decades and the editors have done a spectacular job in having the key experts on each of the many topics review the literature while at the same time keeping it practical for both clinicians and researchers." --Irl B. Hirsch, MD, University of Washington, Seattle

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